Changes in the Living Arrangements of Children in the United States Since 1970

What's the main conclusion?

The percentage of children living in two-parent households in the U.S. steadily decreased between 1970 and the mid-1990s (from 85% to 65%). Since then, it has remained steady at 68%. At the same time, the proportion of children living in single-parent homes has more than doubled (12% to 28%). The proportions living with other relatives or non-relatives has remained small and fairly stable.

What else do the data tell us?

- The increase in single-parent households is primarily due to an increase in mother-only households.
- The number of children living in father-only homes is small compared to those living in mother-only homes, but also has increased since 1970.
- The proportion of children growing up in homes with relatives other than their parents or with neither parent has increased only slightly.

Why is this an important issue?

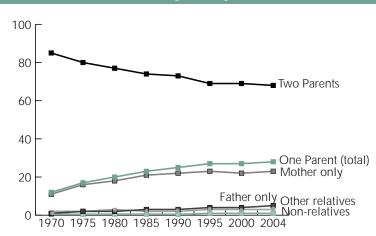
- Childhood living arrangements tell us a lot about a child's future well-being. A large body of research shows that children do best when they are raised by two married parents in a low-conflict relationship.
- Children who grow up in single-parent homes or in homes with neither parent are more likely to:
 - o Exhibit behavioral problems
 - Do less well in school and have lower social and psychological well-being
 - o Leave home at an early age
 - o Engage in sexual activity at an early age and become teen parents
 - o Have difficulties that last into adulthood.
- Single-parent households tend to have less money and less free time than two-parent families. Children raised by one parent are also more likely to go through many changes in living arrangements. These reasons may help explain the differences in future well-being between children raised in single- and two-parent households.
- On average, children in two-parent stepfamilies tend to have similar outcomes to children who are raised in singleparent homes.

Do population groups differ on this issue?

In general, these trends are true across all racial/ethnic subgroups. However, there are some important differences:

- Black children are far more likely to grow up in singleparent households than white and Hispanic children.
- Black children are also more likely to live in homes without either parent than Hispanic and white children.

Trends in Children's Living Arrangements, 1970-2004



Source: U.S. Census Bureau, Current Population Survey, March Annual Social and Economic Supplements, 2004 and earlier.

Defining the terms

Two-parent households = Those with two married parents living together.

Single-parent households = Those with one adult parent living with one or more children; it may include a second cohabiting adult who is not married to the parent.

Other-relative households = Those in which children live with other relations (such as grandparents, aunts, or uncles).

Non-relative households = Those in which children are raised without parents or other relatives (such as foster homes).

For more detailed information on this topic, visit www.healthymarriageinfo.org