

# Teaching Styles Quiz

**This brief quiz is designed to get you thinking about your teaching style. Read each statement and decide whether it is true or false. Then review the Teaching Styles Tip Sheet in this Toolkit.**

- \_\_\_\_\_ 1. It is imperative that class start and end exactly on time.
- \_\_\_\_\_ 2. A teacher should keep a physical distance between himself or herself and the students.
- \_\_\_\_\_ 3. Teachers should always be prepared with all the facts before they enter the classroom.
- \_\_\_\_\_ 4. Never waste students' time with other students' questions.
- \_\_\_\_\_ 5. Participants love a detailed PowerPoint slide for every point a teacher makes.
- \_\_\_\_\_ 6. Participants should know nothing about a teacher's personal life.
- \_\_\_\_\_ 7. Before one can be a credible teacher of marriage or parenting education, one must have his or her own life completely figured out.
- \_\_\_\_\_ 8. The curriculum must be followed exactly as it was written to be effective.
- \_\_\_\_\_ 9. If students drop out it is because they are just not ready to learn.
- \_\_\_\_\_ 10. After sitting through one group session, participants should be able to make dramatic changes to their lives.
- \_\_\_\_\_ 11. It is very important to become friends with students so they feel comfortable in class.
- \_\_\_\_\_ 12. People have busy lives so it is no big deal if they are late to class.
- \_\_\_\_\_ 13. Even if something else is planned, it is always best to go with the flow.
- \_\_\_\_\_ 14. It is OK for participants to become leaders in the group.
- \_\_\_\_\_ 15. A teacher should make the class meet each individual's needs.
- \_\_\_\_\_ 16. Participants can often give their facilitators good ideas on how to manage a facilitator's own problems.
- \_\_\_\_\_ 17. If a participant drops out, the facilitator should consider it a personal failure and wonder why he or she was not liked.
- \_\_\_\_\_ 18. Classes can be like large group discussions and sometimes like many disconnected discussions.

- \_\_\_\_\_19. It is okay to hang out with students after class.
- \_\_\_\_\_20. Planning for classes takes too much time and just interferes with the natural process of the group.
- \_\_\_\_\_21. One of the most important things a teacher does is to help participants feel safe and comfortable.
- \_\_\_\_\_22. It is important to stick to the curriculum, but understand it is going to look different with each group.
- \_\_\_\_\_23. Sharing some past struggles with participants gives a facilitator credibility.
- \_\_\_\_\_24. Participants should understand that they are not friends with their facilitator, but should also know that their facilitator cares.
- \_\_\_\_\_25. Classes should be regularly updated with well researched information that is relevant to the topic.
- \_\_\_\_\_26. Although it is sometimes uncomfortable, it is best to not let the most talkative person take over the group.
- \_\_\_\_\_27. Change is hard. After being active in a group, participants are more able to make the changes as they see fit.
- \_\_\_\_\_28. A facilitator should share when he or she disagrees with a participant, but should never want him or her to feel judged.
- \_\_\_\_\_29. Class boundaries like start and end times should be respected, but anyone can have a bad day. If someone is chronically tardy, it is best to talk with them individually.
- \_\_\_\_\_30. Always take time for questions. Students can learn a great deal from each other.

### **Scoring: Count and record the number of statements where you answered “true” in the following categories**

**Questions 1 – 10:** number of “trues” \_\_\_\_\_

A high number of “true” responses on questions 1 through 10 indicate that you have “instructor” type tendencies. You tend to be very organized and thorough in your teaching. Be sure you are approachable with your students and integrate engaging activities into your classes.

**Questions 11 – 20:** number of “trues” \_\_\_\_\_

A high number of “true” responses on questions 11 through 20 indicate that you have “colleague” type teaching tendencies. Your students often find you approachable and fun. Do your best to assure a structured environment in your classroom.

**Questions 21 – 30:** number of “trues” \_\_\_\_\_

A high number of “true” responses on questions 21 through 30 indicate that you have embraced a facilitator style of teaching. This means that while you understand your role as a leader in the group, you also believe your participants have a great deal to contribute.