# UNDERSTANDING HOW YOUNG HIGH FUNCTIONING AFRICAN AMERICAN WOMEN PERCEIVE MARRIAGE AND THEIR THOUGHTS ABOUT REMAINING SINGLE

#### Linda Lee Allen-Benton

This thesis is submitted to the faculty of the Virginia Polytechnic Institute and State
University in partial fulfillment of the requirements for the degree of:

Master of Science

In

**Human Development** 

Dr. Karen H. Rosen, Chairperson
Dr. Sandra M. Stith, Member
Dr. Eric E. McCollum, Member

May 6, 2004 Falls Church, Virginia

## UNDERSTANDING HOW YOUNG HIGH FUNCTIONING AFRICAN AMERICAN WOMEN PERCEIVE MARRIAGE AND THEIR THOUGHTS ABOUT REMAINING SINGLE

#### By Linda Lee Allen-Benton

#### Dr. Karen H. Rosen, Chairperson

#### (ABSTRACT)

The number of African American women who have never married has increased significantly. This is an ethnographic study of eight Young High Functioning (YHF) African American women from the Washington, D.C. and New York City metropolitan areas. Six of the women participated in focus groups and two were individually interviewed to understand how they perceive marriage and their thoughts about being single. YHF is defined as women who are 25-35 years old, have at least a bachelor's degree and make at least \$35,000. All of the eight women had never married. The six major themes that emerged in the course of the study were: perceptions of marriage, expectations for balancing work and family, criteria for a perfect mate, dating experiences, the African American family and spirituality. While much of the literature on the decline in marriage among African Americans focuses on the sex ratio of males to females, these YHF African American women were much more concerned about the eligibility of the men in the dating pool than the ratio of males to females. They are looking for mates who share their core values of spirituality, goal oriented, family oriented and they are looking for supportive partners.

#### **ACKNOWLEDGEMENTS**

I would like to gratefully acknowledge the faculty and staff at Virginia Tech's Department of Human Development, Marriage and Family Therapy Program, Northern Virginia Center. They provided me with a nurturing and encouraging educational environment that motivated me to stretch for new horizons. I particularly want to acknowledge Dr. Karen Rosen, my Committee Chair. She worked tirelessly to bring out the best in me and I appreciate her advice and counsel. In addition, I would like to thank my family for their support and sacrifice and my Aunt Geneva who showed me that education is a lifelong process.

### TABLE OF CONTENTS

ABSTRACT ACKNOWLEDGEMENTS	ii iii
CHAPTER ONE: INTRODUCTION	1
Problem and Setting	1
Purpose	3
Significance	4
Theoretical Framework	5
CHAPTER TWO: LITERATURE REVIEW	7
Historical Perspective of African-American	
Families and Marriage	7
Potential Explanations for the Decline in	
African American Marriage Patterns	9
Theoretical Framework	18
Ethnographic Research	22
Rationale and Significance	24
CHAPTER THREE: METHODS	27
Participant Recruitment Process	27
Procedures	29
Limitations	32
CHAPTER FOUR: FINDINGS	34
Introduction	34
How Young High Functioning African American	
Women Perceive Marriage	36
Their Expectations for Balancing Work	
And Family	40
Criteria for the Perfect Mate	45
Dating Experiences	53
The African American Family	59
Spirituality	68
Summary	69
CHAPTER FIVE: DISCUSSION	70
Introduction	70
Young High Functioning African American Women	
And Feminism	71
Pattern for Mate Selection	74
Mate Selection	74
African American Families	76 76
Media Portraval of African American Families	76

The Black Church	78
Study Limitations and Need for Further Study	79
Implications for Mental Heal Professionals	79
REFERENCES	82
APPENDICES	
Appendix I	87
Appendix II	88
Appendix III	89
Appendix IV	91
Appendix V	92
Appendix VI	93
Appendix VII	94
VITA	96