



Bowl of Questions

Step-by-Step Instructions:

1. Before class, fill a bowl with a number of different, interesting questions that someone might want to ask a person that they just met.
2. When your participants are settled, pass around a bag of candy and have them take some. Be vague with your instructions.
3. Instruct them to draw one question for each number of candies they have.
4. They will answer each question in front of the class. If a participant does not want to answer a particular question they can pass.

Tips for Discussion and Processing

This is a very creative and fun way for participants to get to know each other.

Title: Bowl of Questions

Group size: 3 to 20

Time Needed: 15 to 30 minutes
depending on group size

Goal: To provide a creative icebreaker
for the class

Audience: Couples, Parents, Teens,
Children, Singles

Special Considerations: None

Resources Needed:

- ✓ One large bowl
- ✓ Strips of paper
- ✓ Bag of candy