

Family Strengthening Project: Strengthening families five years & beyond

Council on Crime and Justice

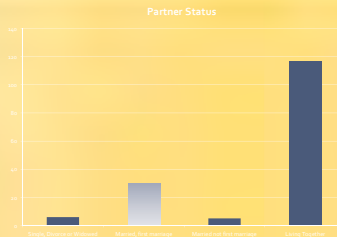
FSP Goals

- Intervene with families experiencing incarceration.
- Strengthen commitment to relationships by building effective communication, parenting skills, and conflict resolution skills.
- Improve both parents' ability to support and foster healthy connections with their children upon release

Services Offered

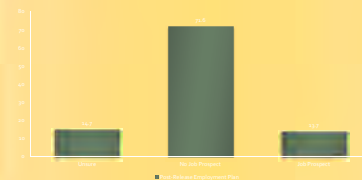
- Employment Skills training opportunities for both parents
- Financial Education
- Mentorship Opportunities
- Parenting and Relationship Classes
- Case Advocacy and support
- Family Counseling

FSP Participants



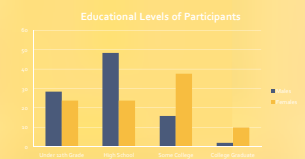
- "Relationship Status" responses indicate that few participants were married prior to their current partner. The majority indicated that they were "single, never married" or in a "Life-partnership."

EMPLOYMENT



- The incarcerated participants were not sure where they were going to work after their release

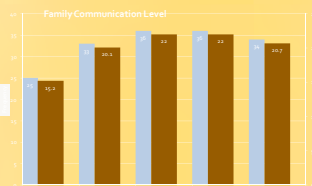
EDUCATION LEVEL



FACES Assessment

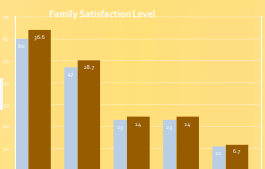
FACES is an assessment tool that was developed by David Olson, Dean Gorell and Judy Tiesel that was utilized for the counseling component of this program. It is a self-report measure that explores how balanced or unbalanced the couple is regarding flexibility and cohesion in their relationship.

FAMILY COMMUNICATION



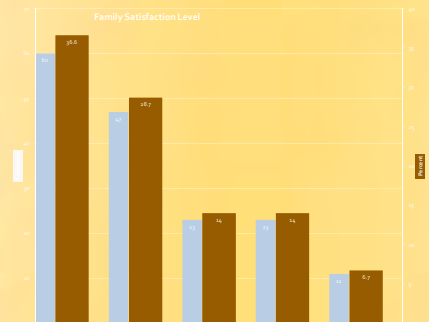
- "Communication" scale measurements are evenly distributed and there is no clear trend towards low or high communication levels (the average was 36.98, min10, max 50).

FAMILY SATISFACTION



- The group also showed a tendency toward lower levels of satisfaction. 36.5% (60) measured "very low" on the satisfaction scale, and another 28.7% (47) measured "low," a combined 65.3% (107)- average 31.97, min 11, max 50. This may be correlated with the complexity of communication.

Improvements in Relationship



Relationship class had a significant positive effect on incarcerated men in terms of gaining knowledge about relationships ($t = 4.73$)

The relationship class increased relationship satisfaction for men ($t=2.265$; sig. level = .026).