



Family Flags

Instructions:

1. Lay out all art supplies, paper, scissors, yarn, and other supplies on a table.
2. Explain to group that they **will be making small “flags” for each person in their family and one flag with the family name.**
3. Explain that **each flag should represent the person by displaying talents, hobbies, personality** and more.
4. Encourage participants to express themselves as creatively as they can. Once all flags for one family have been made, string them together around the flag with the family name.
5. If group is not too large **allow families to introduce themselves to the group using their family flag.**
6. If able, allow flags to hang throughout the class.

Tips for Discussion and Processing:

This seemingly simple activity is a powerful bonding tool for groups and families, especially if there is time to share with the class. One interesting variation to this activity is to have family members create flags for each other. It is a great way to encourage participants to consider what is special about other members of their family. Another variation is to have couples work together on flags for their children. Marriage educators can use a couple's children as motivation to work on their relationship and to make good choices.

Title: Family Flags

Group Size: Any

Time Needed: 10 to 30 minutes

Goal: To recognize individual and family strengths

Audience: Couples, Parents, Teens, Children

Special Considerations: Have an example of a Family Flag to show the class.

Materials:

- ✓ Various colored construction paper or cardboard
- ✓ Art supplies for decorations: markers, crayons, glue, glitter, etc.
- ✓ Yarn or rope
- ✓ Scissors
- ✓ Magazine to cut from (if desired)