



Living With Your Colors Quiz

Living Your Colors Quiz

Below you will find a questionnaire for determining your personality profile. As you fill out the questionnaire, try to think of yourself as you are when you're most comfortable and natural. Of course, we all have some of all these qualities, and they may come out more strongly at different times. For the purposes of this quiz, try to look beyond specific situations, set aside what others think you "should" be like; look past the demands of your job, and forget about the requirements of your role in life for the moment. Rank the descriptions as you most naturally and comfortably are.

Directions:

Completing the Quiz

- Starting with number 1, rank the four sets of words by putting a 4 in the set of word that seems to describe you best, a 3 for second best, a 2 for third best and 1 for the least like you. Then move on and do the same for each of the remaining sets of words, 2-10.

1.a. _____ solid, steady, careful	6.a. _____ sane, faithful, supportive
b. _____ feeling, sympathetic, kind	b. _____ poetic, musical, artistic
c. _____ cool, clever, independent	c. _____ theoretical, studious, principled
d. _____ lively, witty, energetic	d. _____ performing, playing, creating
2.a. _____ reasonable, moral, hardworking	7.a. _____ commit, follow through, persist
b. _____ sensitive, sincere, caring	b. _____ communicate, encourage, nurture
c. _____ logical, abstract, moral	c. _____ inform, discuss, question
d. _____ skillful, playful, fun-loving	d. _____ energize, compete, engage
3.a. _____ dependable, faithful, devoted	8.a. _____ conserve, maintain, protect
b. _____ close, personal, involved	b. _____ inspire, understand, appreciate
c. _____ curious, scientific, thoughtful	c. _____ design, invent, construct
d. _____ daring, energetic, brave	d. _____ promote, excite, activate
4.a. _____ reliable, organized, serious	9.a. _____ value, honor, provide
b. _____ peaceful, harmonious, warm	b. _____ share, connect, express
c. _____ impatient, perfectionist, heady	c. _____ respect, stimulate, dialogue
d. _____ here-and-now, impulsive, active	d. _____ touch, pleasure, surprise
5.a. _____ consistent, structured, planned	10.a. _____ traditional, loyal, conservative
b. _____ meaningful, spiritual, inspired	b. _____ belonging, involved, cooperative
c. _____ analyzing, testing, model making	c. _____ skeptical, nonconforming, fair
d. _____ high impact, persuasive, generous	d. _____ free, independent, rebellious

Totaling the Scores

Add up all of your a's from questions 1-10 above and enter the score in the corresponding space below. Do the same for b's, c's, and d's. The combined totals below should equal 100.

a. Gold: _____ **b. Blue:** _____ **c. Green:** _____ **d. Orange:** _____

Excerpted from: Living Your Colors, by Tom Maddron. Copyright (c) 1995, 2002. Reprinted with permission from Little, Brown and Company, New York, NY. All rights reserved.