



Hispanic Culture and Relationships

What is Culture?

What is Culture?

- *Music
- *Food
- *Customs
- *Traditions
- *Values and Beliefs

Cultural Beliefs

Familismo – the belief that doing something for the family's benefit is most important

Cultural Beliefs

Benevolent Machismo – the belief that the man is the head of the family and is responsible for protecting and providing for the needs of the family



Cultural Beliefs

Marianismo – the belief that women are expected to wait until after marriage to have sex and that they are expected to focus on becoming good mothers and faithful wives.



Cultural Beliefs

Affiliation obedience – the belief that children are expected to obey their parents in response to receiving their love and care.



Two Types of Culture

'We' and 'Me'

A **"we"** culture is best described as: cooperative, group oriented, mutual



'We' and 'Me'

A **"me"** culture is best described as: independent, secure and competitive



'We' and 'Me'

How are **"we"** and **"me"** cultures reflected in:

- ❖ Relationships
- ❖ How we see ourselves
- ❖ How we act toward other people
- ❖ Love and marriage

We

Me

Relationship between parents and children is most important	Relationship between husband and wife is most important
How we see ourselves is based on rules and family commitments	How we see ourselves is based on personal interests
People seek happiness in others	People talk more about their own personal interests
Love is viewed in the context of family	Love is more connected to meeting personal needs

How does culture become part of us?

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Socialization –

how we are raised



How does culture become part of us?

Enculturation – over time, growing familiar with and trying out a new culture's beliefs and traditions

How does culture become part of us?

Acculturation – the blending of a new culture's beliefs and traditions with our own

Levels of Acculturation

The story of a Mexican immigrant

Juanito Díaz – “No Way”

- ❖ Speaks only Spanish
- ❖ Prefers to stay within his own community
- ❖ Only celebrates Sept. 16, and ignores July 4

Levels of Acculturation

Juanito Day – “Half Way”

- ❖ Speaks both Spanish and English
- ❖ Recognizes multi-cultural environments
- ❖ Celebrates Sept. 16 and July 4



Phases of Acculturation

Johnny Day – “New Way”

- ❖ Loses ethnic roots and accepts new culture
- ❖ Ignores ethnic holidays and will celebrate July 4



ACTIVITY 1:

What Is Your Way?

What Is Your Way?

- ❖ How have these levels of acculturation affected your relationship?
- ❖ What effect has another culture had on your marriage?
- ❖ Share some examples of how you have seen families balance various cultures.

ACTIVITY 2:

Family Crest



Family Crest

Time to Share