

Agenda
October 20-22, 2008

Monday, October 20

2:30 pm Hospitality

3:00 - 4:00 pm Welcome

Carole Johnson, Program Officer, Johnson Foundation
Mary Myrick, Project Director, National Healthy Marriage Resource Center
(NHMRC)

Roundtable Introductions

Background and Goals for this meeting

Mary Myrick, NHMRC

4:00 - 6:00 pm What is the Healthy Marriage (HM) Field?

- Overview: Emergence of HM Field and ACF HM Initiative - Mary Myrick & Courtney Harrison
- Scope and Limits of Conference - Theodora Ooms
- What is Marriage and Relationship Education? - Jana Staton - Video Sampler

6:00 pm Hospitality

6:30 pm Dinner

7:45 - 9:00 pm Laying the Ground Work, Clarifying Terms

- Frank DeGruy, Collaborative Family Health Care Model—What is it and how does it challenge the current system? How can it “fit”?
- Bill Doherty, Importance of the Couple and the Continuum of Couple-Focused Interventions.

Open Discussion

Tuesday, October 21

8:30 - 10:00 am **The Connection between Healthy Marriage/ Couple Relationships and Health Outcomes across the life span—What Do We Know From Research?** Each panelist will respond to a series of questions posed by the moderator. (TV talk show-style)

- Moderator: Jana Staton
- Proposed Panelists: Deborah Carr, James Coyne, Thomas LaVeist, Carolyn Halpern

Q and A

10:00 am **Break**

10:15 am - 12 pm **Work Groups** - Proposed group leaders: Susan McDaniel, Heather Koball, Lis Neilsen

Discussion questions:

- Is the research evidence of the linkage convincing?
- What does it mean for children? For teens? For older adults?
- How does marital and relationship quality affect health disparities, especially among minorities?
- How does it fit into the broader role of social support & isolation?
- Do we know how marriage and couple relationship quality affects health care costs?
- What more do we need to know?
- What are the implications for professional and continuing education (for marriage/relationship and health care professionals)?

12:15 - 1:30 pm **Lunch**

2:00 - 3:30 pm **Emerging Program Models** Each panelist will respond to a series of questions posed by the moderator. (TV talk show-style)

- Moderator: Theodora Ooms
- Proposed Panelists: Lara Rezzarday, Pamela Jordan, Lynette Feder, Kit Chesla, Patty Howell

Q and A

3:30 pm **Break**



3:45 - 5:30 pm Work Groups (continued)

- What approaches seem most promising and for whom?
- How can these approaches be integrated into the health care delivery systems?
- What additional types of interventions/demonstration need to be tested?
- Who are the potential partners/allies for couple-focused health care strategies?
- How does this focus fit within behavioral/life style-focused strategies for health promotion/disease prevention?
- How can we get these issues included in Healthy People 2020?

5:30 - 6:30 pm Hospitality and House Tour

6:30 - 8:00 pm Dinner

Post-dinner hospitality in Guest House (Work Group leaders prepare their summaries & list of recommendations)

Wednesday, Oct 22

8:30 - 10:15 am Moving Forward: Turning Ideas into Action

- Moderator: Diann Dawson
- Work Group leaders present their short and long term recommendations
- Discussion of implementation strategies—high and low cost

10:15 am Break

10:30 - 12:00 pm Summing Up and Next Steps

Three participants representing different perspectives share brief prepared remarks on conference highlights:

- Kristin Moore (research)
- Ed Schor (health professionals and primary health care)
- Tom Campbell (health system reform)

Participants are then invited to share their one big “take away”: what they will do as a result of the conference.

- Closing Remarks: Mary Myrick

12:00 pm Lunch and Goodbyes

