



Who is Your Facilitator?

Step-by-Step Instructions:

1. Prior to class, come up with some questions you wouldn't mind answering about yourself in front of your participants. For example, you may want to ask: "Where did I grow up?" "How long have I been married?" "What is my favorite hobby?" and so on.
2. Introduce yourself to the class and tell them you are going to play "Who is your facilitator?"
3. Ask the questions and have them write down the answers. The person who guesses the most correct answers gets a small prize.
4. If teaching a class with two facilitators, ask questions such as "Which one of us has hiked to the top of Pikes Peak?" "Where did each of us grow up?" "Which one of us has four boys and who has two girls?" "Which one of us does yoga and which one is a marathon runner?" and so on.

Title: Who is Your Facilitator?

Group Size: 1 to 50+

Time Needed: 10 minutes

Goal: To make introductions

Audience: Parents, Couples,
Teens, Children, Singles

Special Considerations: None

Resources Needed:

- ✓ Paper and pen/pencil for each participant
- ✓ Small prize for winner

Tips for Discussion and Processing

This is a fun switch from the usual facilitator introduction. It also sets a light tone for the class and can help establish the facilitator as an approachable teacher. Facilitators can use this as a springboard to talk about first impressions and faulty assumptions.