

# Find Someone Who

## Step-by-Step Instructions:

1. Distribute index cards and writing utensils (one each per participant).
2. Instruct participants to write 3 sentences about themselves on the card. The descriptions should not be obvious, but not too obscure either. Challenge participants to think about interesting facts and give examples. Tell them to be sure to not write their names on their card.

Example:

I am the mother of 4 sons.

I love to run.

My mother was from Ireland.

3. After the cards are complete, collect them and redistribute so that no one receives their own card.
4. Ask the group to mingle and try to find the author of the card they are holding.

## Tips for Discussion and Processing

This is a very easy and nonthreatening way to help the group members get to know each other. You can add a discussion about whether the information on the cards matched their first impressions of different individuals. If the group is small enough and time allows, you can also ask everyone to share one or two sentences from their own card.

**Group Size:** 11 to 25

**Time Needed:** 20 minutes or more

**Goal:** To learn interesting facts about other members of the group

**Audience:** Couples, Teens, Parents, Children, Singles

**Special Considerations:** None

### Resources Needed:

- ✓ One index card
- ✓ One pen/pencil per participant