

Snow Day Relay

Step-by-Step Instructions:

1. Break group into teams. Ideally you want 5-10 people per team.
2. Have teams line up next to each other.
3. Place one bucket full of shipping popcorn and a ladle in front of each team.
4. Place one empty bucket directly across the room from each team.
5. Explain to the group that when you say “go,” the first person on each team should get a big scoop of “snow” in his/her ladle, carry it to the other bucket and dump it inside.
6. After the snow has been dumped, he/she should run back to his/her team, where the next team member repeats the process.
7. If during the relay any “snow” falls out of the ladle, the player must stop, pick it up and place it back in the ladle before continuing to the bucket.
8. The first team to get all of their “snow” into the other bucket wins.

Tips for Discussion and Processing

While this game can be fun and can also build group cohesion, it is mostly used to illustrate the concept of “haste makes waste.” Because the “snow” is so light, if participants run, their snow will fly everywhere. Participants must move slowly to reach their goal. This can lead to an important discussion about our tendency to rush when communicating, only to have the wrong message received. You may want to lead a discussion on why sometimes slowing down and making sure the other person really hears us is the more efficient way to communicate.

Group Size: 11 to 25

Time Needed: 11 to 20 minutes

Goal: To prompt discussion about the importance of slowing down and why sometimes slowing down is the fastest way to get things done

Audience: Couples, Teens, Parents, Children, Singles

Special Considerations: You will need a fairly large area to play.

Resources Needed:

- ✓ 2 buckets per team, 1 soup ladle per team, and lots of shipping popcorn