



# What's In Your Wallet (or purse, pockets, briefcase)?

## Step-by-Step Instructions:

1. Explain to participants that this is a fun activity that will help the group learn more about each other in an easy way.
2. Instruct participants to look through their wallet, purse, pockets or briefcase and find 3 objects that they are willing to show that will help group members learn more about them.
3. Have participants form a circle and take turns going around the circle doing a "show and tell" of the objects they have chosen. Be sure that they introduce themselves before they begin their "show and tell."

## Tips for Discussion and Processing

This activity usually becomes very funny as people show different things that they carry around with them. This is a fun way to start a group session.

**Group Size:** 11 to 25

**Time Needed:** 1 to 10 minutes

**Goal:** To get to know each other in a fun way

**Audience:** Couples, Teens, Parents, Singles

**Special Considerations:** Keep cultural norms in mind as different cultures may experience this exercise as too intrusive.

## Resources Needed:

- ✓ None