



# What Are You Wearing?

## Step-by-Step Instructions:

1. Break the class into smaller groups of 10. Let participants know that they are going to share something about what they are wearing with their small group.
2. Instruct participants that they will have 5 minutes for everyone in the group to share a story about something they are wearing with their group. They may talk about jewelry, clothing, shoes, or whatever they think may have a good story associated with it. For example, maybe a person is wearing a ring that is an heirloom they received from their mother, and they might tell the story about the ring. Another example could be that the shirt that someone is wearing is one they bought while on vacation.
3. When the time allotted for the activity is complete, have participants return to their seats and have each group present one story to the larger group.

**Group Size:** 11 to 25

**Time Needed:** 11 to 20 minutes

**Goal:** To get to know a little bit about each other without being too personal

**Audience:** Couples, Teens, Parents, Singles

**Special Considerations:** None

## Resources Needed:

- ✓ None

## Tips for Discussion and Processing

This is a fun activity that will allow your participants to get to know each other.