



What Am I Driving?

Step-by-Step Instructions:

1. Have participants form small groups with 5 to 10 people in each group.
2. Instruct each participant to write down what kind of car they drive (or their usual mode of transportation) and why they chose that particular car (or other mode of transportation).
3. One person in each group starts by making a “rev your engine” noise.
4. Have group members guess what kind of car that person drives and why they guessed that particular car.
5. Let each member have a turn “revving their engine.”
6. After groups have guessed who drives what kind of car, have members reveal their car type and why they chose it.
7. Have the small groups report out to the whole group how many in each group guessed correctly.

Group Size: 11 to 25

Time Needed: 11 to 20 minutes

Goal: To learn about each other and how others may perceive them

Audience: Couples, Teens, Parents, Singles

Special Considerations: Keep in mind the demographics of the group. If this is a group of lower-income participants or teens, some participants may not have a car.

Resources Needed:

- ✓ One index card for each participant

Tips for Discussion and Processing

This is a fun activity where members will learn about each other. The particular car or transportation mode that a person uses often tells a lot about their life, their family situation, their socio-economic status, their practicality, and their image of themselves or the type of image they want to project. It is interesting to hear the participant’s guesses as it gives the car owner an idea of how people may perceive them. For example, if people guess “Subaru Outback,” the group may perceive that person as someone who likes outdoor activities; if they guess a “mini-van,” they may perceive the person as someone with children. Talk about perceptions and labels.